

ALL IS WELL

India's First AI-enabled Integrated Fitness App for Sports

You can enhance your running performance by getting access to the cutting-edge insights and scientific expertise used by Olympic medallists, Marathon champions, and top Cricketers.

We combine sports science + tech + AI on our app to offer



Which Enables You to

Reduce Pain and Injuries

Improve **Running Specific** Fitness

Build Champions' mindset

Trained 1750+ sportspersons from academies and teams like:



LEADERSHIP TEAM



VAIBHAV TANDON
Co-Founder & CEO

Ex-Leadership Team of OGQ Sports Ministry (TOPS) IIT Roorkee



MANISH GUPTA
Co-Founder & CPTO

Ex-Moglix (B2B Unicorn) IIM Bangalore IIT Roorkee



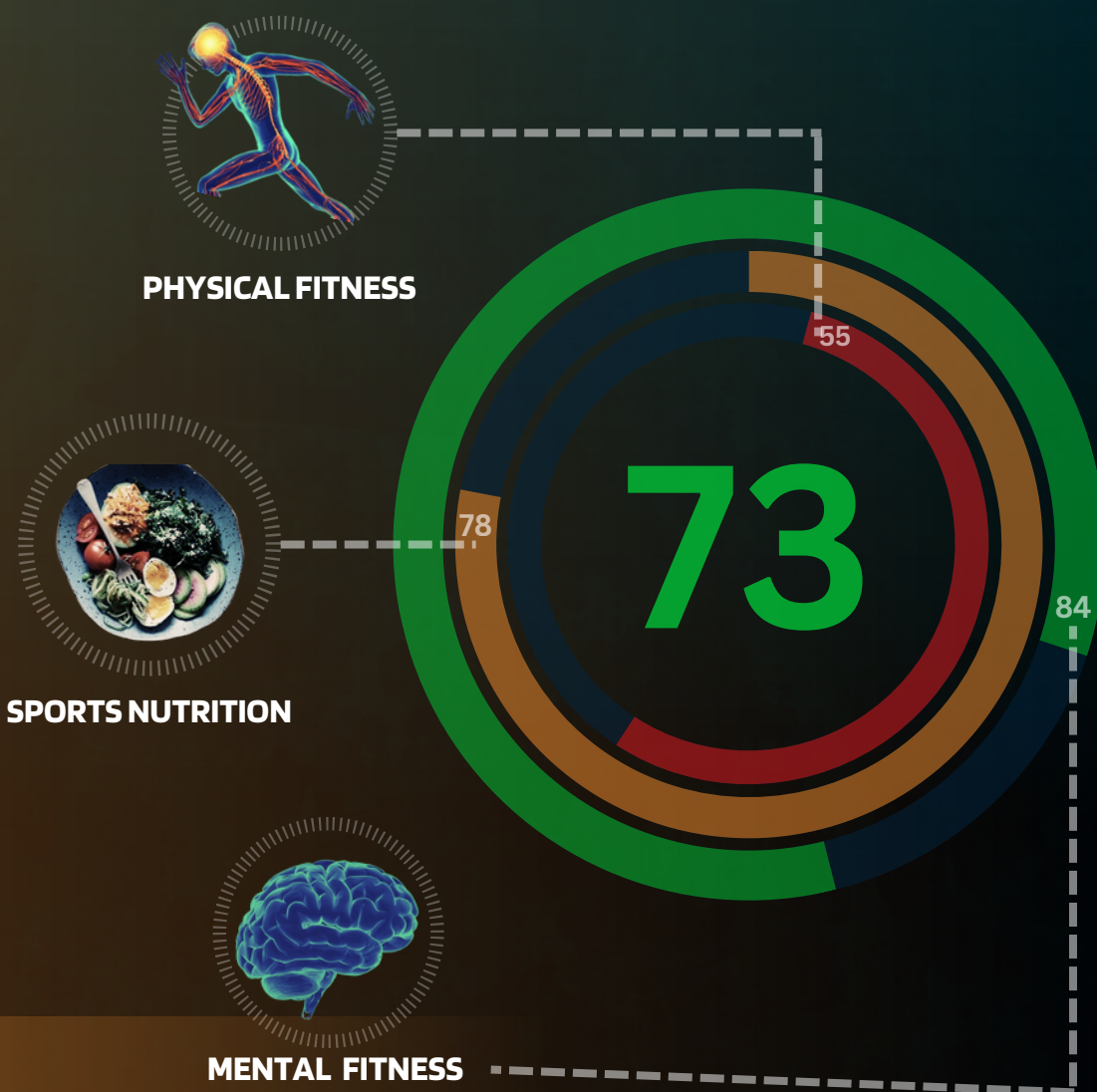
APARNA POPAT
Co-Founder & COO

Badminton icon, 2x Olympian 9-time Senior National Champion Arjuna Awardee



ALL IS WELL

KNOW YOUR ALL IS WELL FITNESS SCORE (AFS)



- ✓ EXPERIENCE 360 DEGREE INTEGRATED FITNESS SCORE FOR RUNNING
- ✓ CHECK HOW **RUNNING - FIT YOU ARE**
- ✓ GET PERSONALIZED INSIGHTS AND ACTION PLAN

Your chance to get an exclusive **early bird access to AFS**

CREATED BY OUR ELITE EXPERTS



DR. NIKHIL LATEY
 Sports Scientist & Physio
 Trained Comrades Runners
 Trained: Mary Kom,
 Saina Nehwal, Sindhu



MUGDHA BAVARE
 Sports
 Psychologist
 Trained: Mirabai Chanu
 SKY, Shreyas Iyer



UMA KALE
 Sports
 Nutritionist
 Trained: Saina Nehwal
 Lakshya Sen & Runners

ABOUT AFS

AFS is a pioneering 360-degree fitness score, tailored to your age, gender, and sport. We assess physical, mental, and nutritional factors with latest technology, translating it into AFS. This offers competitive benchmarking and provides actionable goals to runners..

